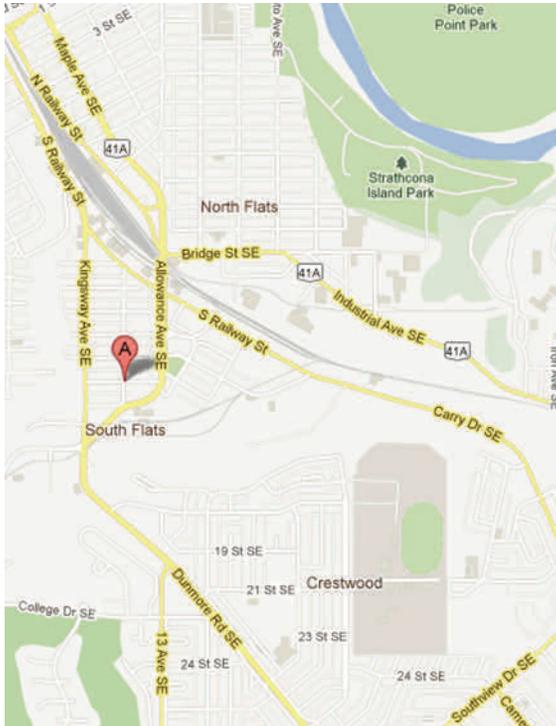


## Hogosha

To Protect, Defend,  
Guard, Obey, Keep.



Kiwanis Centre

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Medicine Hat,

AB T1A 1T7

TeL: (403) 504-7654

E-Mail: [sa.hogosha.institute@gmail.com](mailto:sa.hogosha.institute@gmail.com)

<http://bujinkanmedicinehat.com/>

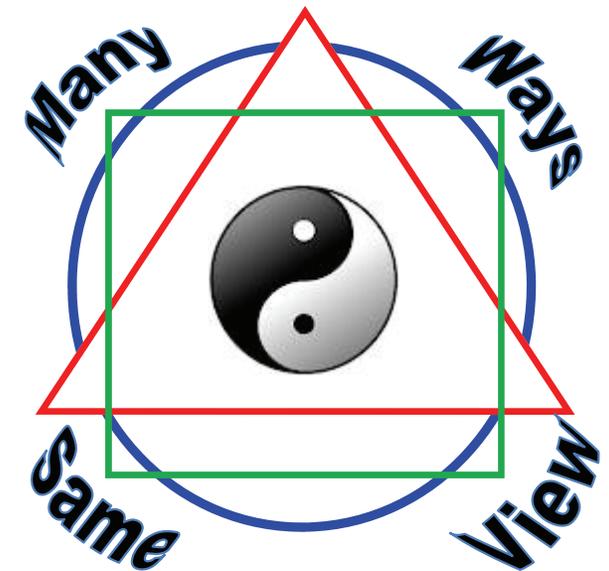
## Southern Alberta Hogosha Institute

### Traditional Aspects of Ninjutsu Training

1. **Seishin teki kyoyo** (spiritual refinement)
2. **Taijutsu** (unarmed combat)
3. **Ninja ken** (ninja sword)
4. **Bojutsu** (stick and staff fighting)
5. **Shurikenjutsu** (throwing blades)
6. **Yarijutsu** (spear fighting)
7. **Naginatajutsu** (halberd fighting)
8. **Kusarigama** (chain and sickle weapon)
9. **Kayakujutsu** (fire arts)
10. **Hensojutsu** (disguise and impersonation)
11. **Shinobi iri** (stealth and entering methods)
12. **Bajutsu** (horsemanship)
13. **Sui ren** (water training)
14. **Bo-ryaku** (strategy)
15. **Cho ho** (espionage)
16. **Intonjutsu** (escape and concealment)
17. **Ten-mon** (meteorology)
18. **Chi-mon** (geography)

<http://www.bujinkan.com/>

## Southern Alberta Hogosha Institute



## Who Are We?

The Southern Alberta Hogosha Institute is a not for profit organization, based in Medicine Hat, AB, Canada, that provides instruction in a traditional Japanese battlefield based self defense system. This system includes, but is not limited to; striking, kicking, joint locking, grappling, weapons, and military strategy & tactics. All of these techniques are covered during the course of training. Unlike other arts weapons training is started at the early stages of training, this helps the students to respect the weapons, not fear them.

If you like to participate in a class, or would like more information on our classes; please email us with your contact information (name and phone number), and one of us will get back to you as soon as possible. First class is always free.

Grading will be done on a case by case basis. Our main goal is to provide you with the skills necessary to protect yourself and your loved ones.

### Class Time:

#### Monday:

6:00pm—7:00pm (Kids Class)

#### Tuesday:

6:00pm—8:00pm (All Levels)

#### Friday:

6:00am—7:00am (All Levels)

### Training

All classes are group classes. Private classes are available upon request, prices vary ( please ask an instructor about pricing ).

### Description of Syles:

#### Bunjinkan (Ninjutsu)

Surrounded by much controversy, today's "ninjutsu" is derived from the traditional fighting arts associated with the Iga/Koga region of Japan. These arts include both "bujutsu" ryuha (martial technique systems) and "ninjutsu" ryuha, which involve a broad base of training designed to prepare the practitioner for all possible situations.

<http://www.ntcofcanada.com/>

#### NSI

The majority of the format works on empty hand and weapon development to include close quarter striking, projectiles, controls, locks, human shielding, throws, kicking, foot trapping, re-directional manipulation etc. . Tactics that connect the principles into offensive, defensive, evasion, distance and depth control as it relates to individual or multiple attacker strategies and physical positions.

<http://www.closecombatinstructors.com/kelly-worden.htm>

## Registration

- Child membership (15yrs and under)
- Adult membership (16yrs and older)

### Price

- SAHI Membership      \$50.00 One time cost
- Annual Insurance      \$35.00 / yr White—Black  
\$45.00 / yr Black Belt  
\$25.00 / yr Kids
- Annual Bunjinkan      \$25.00 / yr
- SAHI Monthly          \$50.00 — Adults  
\$25.00 — Kids
- Family Special—Adult & Child  
\$20.00 — Kids

### **Total:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Method of Payment

- Check
- Cash

**\*\*If paid in full within 6 months of Joining date, then you will get a \$50 discount on the annual membership!\*\***